

## Grey Bruce Hospice Foundation Newsletter

Happy Summer from Chapman House!

As the summer sun shines brightly, we're embracing the warmth and love that fills our home. This season has brought an abundance of beautiful moments, reminding us of the importance of compassion and dignity as we support our community members on their end-of-life journeys.

This spring has been particularly special, filled with learning and growth. Our dedicated staff had the opportunity to attend the HPCO (Hospice Palliative Care Ontario) conference, where they connected with passionate experts and gained invaluable insights. In addition, we celebrated our annual Hike for Hospice, raising \$117,000. We also received the Chamber of Commerce Business Excellence award for Community Service Not-for-profit.

We are incredibly grateful for our wonderful community partners, who not only host third-party fundraisers but also bring joy through volunteering, sharing their musical talents, and even introducing us to adorable puppies and other animals! At Chapman House, we continue to be a beacon of light and love, supporting families with heart and compassion.

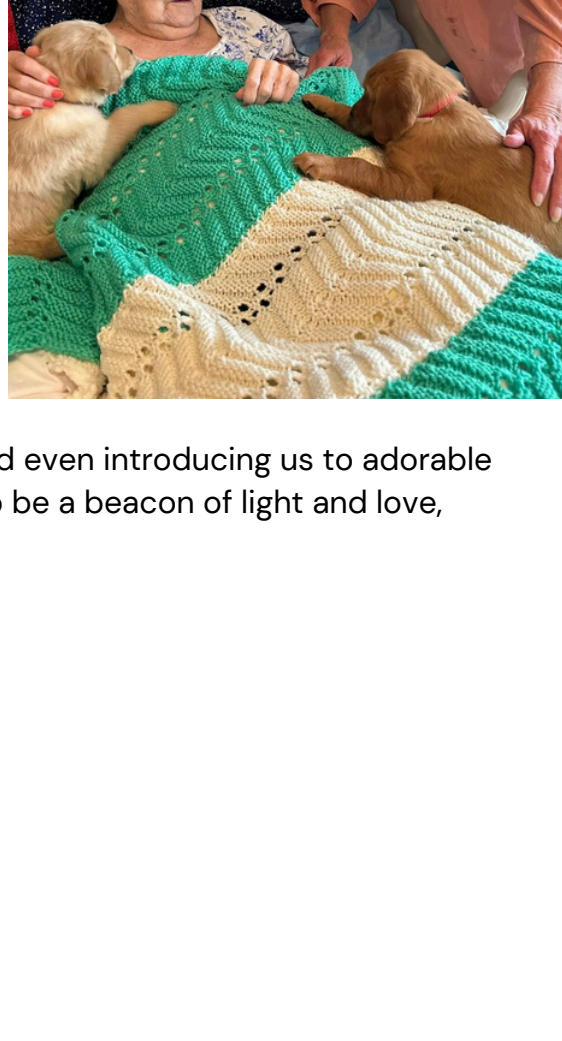
Wishing you a joyful and fulfilling summer!

Amy McConachie, Donor Engagement & Fundraising Manager

Grey Bruce Hospice Foundation



*Amy McConachie*



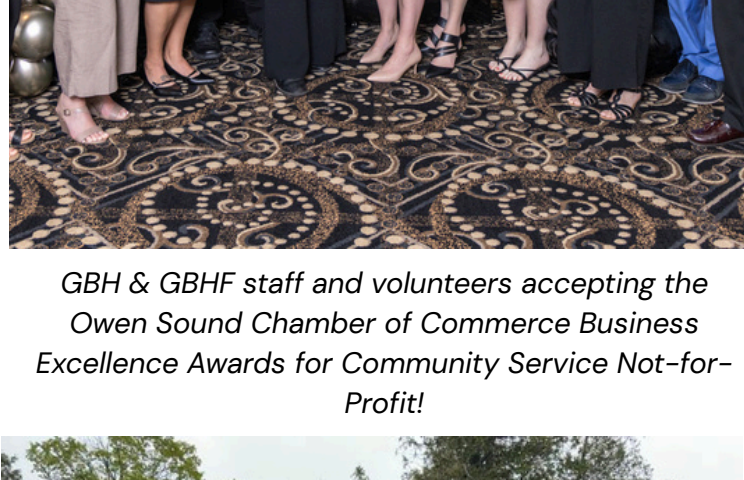
The Harmony B's Reunion with GBH Resident, Moe.



GBH Clinical Staff & Sunny The Hospice Helper



GBH staff and volunteer Brenda attending HPCO where Brenda won the June Callwood Award for Outstanding Volunteers



GBH & GBHF staff and volunteers accepting the Owen Sound Chamber of Commerce Business Excellence Awards for Community Service Not-for-Profit!



Volunteers at Hike For Hospice 2025 in Harrison Park, Owen Sound



Beaver Valley Pipes & Drums and Brennan Sutter School of Dance at Hike For Hospice 2025 in Harrison Park, Owen Sound

## Upcoming FUNdraisers

**Bottle Drive**

Georgian College Nursing students will be collecting bottles in support of Grey Bruce Hospice Foundation from June 1<sup>st</sup> – July 25<sup>th</sup>

For pick up and/or drop off please contact:

Abbey Nesbitt: [abbeyn@hotmail.ca](mailto:abbeyn@hotmail.ca) or Mia McCracken: [mia.mccracken@icloud.com](mailto:mia.mccracken@icloud.com)

**Georgian** **Grey Bruce Hospice Foundation**

### Bottle Drive Alert!

The incredible Georgian College Owen Sound – Academic & Career Preparation Nursing Students are stepping up to support compassionate, end-of-life care with a **Bottle Drive for Grey Bruce Hospice Foundation!**

From **June 1 to July 25**, you can help make a BIG impact by donating your empty bottles — every bottle adds up to more care, comfort, and dignity for families at Chapman House.

### Pickup or drop-off available!

Contact:  
[abbeyn@hotmail.ca](mailto:abbeyn@hotmail.ca)  
[mia.mccracken@icloud.com](mailto:mia.mccracken@icloud.com)

Let's turn your empties into something truly full of heart. Support local hospice care and show these amazing students some love!

**The Sound Charity Shootout**

**August 22nd – 30th 2025**

Portion of proceeds to be donated to Grey Bruce Hospice Foundation, directly effecting compassionate palliative care.

### Get Ready to Reel It In — @The Sound Charity Shootout is Back! August 22–30, 2025

It's time to cast your line for a cause! The Sound Charity Shootout returns this August — and it's bringing the excitement and community spirit. A portion of proceeds will go to the Grey Bruce Hospice Foundation in support of Chapman House

Land the biggest catch of the day to win **\$1,000 — and \$2,000** on Saturdays! Whether you're a seasoned angler or a weekend fishing fan, you'll be helping raise funds for compassionate, end-of-life care right here at home.

For more information and to register your spot, [click here!](#)

Let's make waves for a great cause — fish for fun, fish for hospice.

**Road Relics**

**TICKET RAFFLE**

**\$20**

Win This Bike!  
Harley Davidson  
2011 Softail CVO Convertible  
Draw Date: August 23<sup>rd</sup>, 2025

All proceeds go to Grey Bruce Hospice Foundation! Tickets \$20 each and available at Chapman House

### Start Your Engines — The Road Relics Bike Raffle is Here!

Dreaming of the open road? Now's your chance to ride for a reason! Enter the Road Relics Bike Raffle for your shot at winning a 2011 Harley Davidson Softail CVO Convertible — all in support of the Grey Bruce Hospice Foundation

Tickets are only \$20 and available now at Chapman House.

The big draw happens on **August 23, 2025** — don't miss your chance to ride away in style while supporting compassionate, end-of-life care.

Buy a ticket. Back the mission. Hit the road with heart.

**RIBFEST**

**Owen Sound**

**September 12<sup>th</sup> - 14<sup>th</sup>**

1900 3RD AVE E, OWEN SOUND

Featuring Top North American Rib Teams:

**Proudly Supporting**

### Get Ready to Feast for a Cause — Ribfest is BACK!

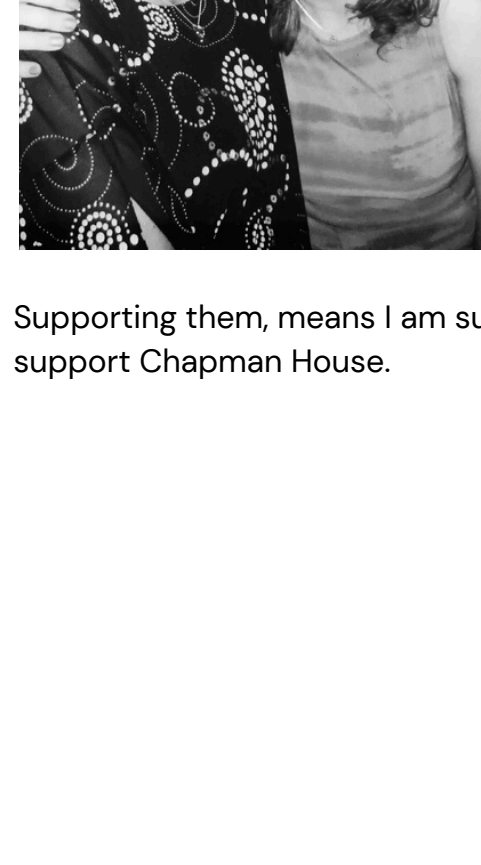
Mark your calendars for **September 12–14** because Owen Sound Ribfest is heating up the Bayshore Community Centre — and this year, it's in support of the Grey Bruce Hospice Foundation!

Bring your appetite for fall-off-the-bone ribs, great music, cold drinks, and family fun — all while supporting compassionate, end-of-life care at Chapman House.

**Tickets are available NOW at [www.Ribfestx.com](http://www.Ribfestx.com) — grab yours today!**

Let's fire up the grills and give back to hospice care in our community — one delicious bite at a time!

## Meet A Hospice Hero!



### Meet Jacinda Prentice-Thom:

In the year 2012 when Sherry Davey passed away, Chapman House was not in existence as of yet. Had it been, I know my Mom would have supported this cause in any way she could have.

Being a Hospice Hero is a heart warming way to remember my mom yearly on her birthday, to celebrate her life in the before and the after of her death.

I have visited other friends and family at hospice. I have seen first hand how much peace and support it gives loved ones. As well as a home like feel to the patient in their last days. It is so important, that when we are in the midst of losing someone and are in the grief of it all, to have this gorgeous facility in our community.

Supporting them, means I am supporting others in their time of need....and that is the reason I support Chapman House.

### Before and After

Poem by Donna Ashcroft

You may find that you begin  
to measure your life  
before  
and after  
they left.

And that's okay.

Just be sure  
whatever you do  
whatever tiny grain of strength  
you have left  
that you strive  
to fill up the after  
as richly  
and as beautifully  
as they helped you fill  
the before.

The before  
is committed to memory now  
but the after  
is totally up to you.

Make it count.

**February Is Hospice Heroes Month**

Commemorate a loved one or special occasion  
**Become a Hospice Hero today!**

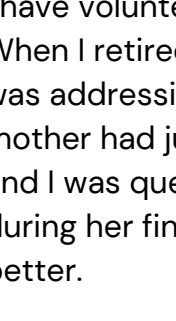
## Become A Hospice Hero!

A Hospice Hero is someone who makes a \$50 or more monthly donation to Grey Bruce Hospice Foundation in dedication to a loved one or special occasion. Your support ensures compassionate, no-cost palliative care for those who need it most.

Choose your special day, and each year, your dedication will be featured on our social media website calendar, and in-house.

Join our Hospice Hero community and help provide comfort, dignity, and peace—every day. Together, we can celebrate the compassion, care, and dedication that make Grey Bruce Hospice such a special place.

The Hospice Heroes Initiative has been made possible thanks to the generosity of the James Goreski Foundation.



**James Goreski**  
Private Foundation

**Learn More About Our Hospice Heroes and How You Can Become One Here!**

## Meet a Volunteer!

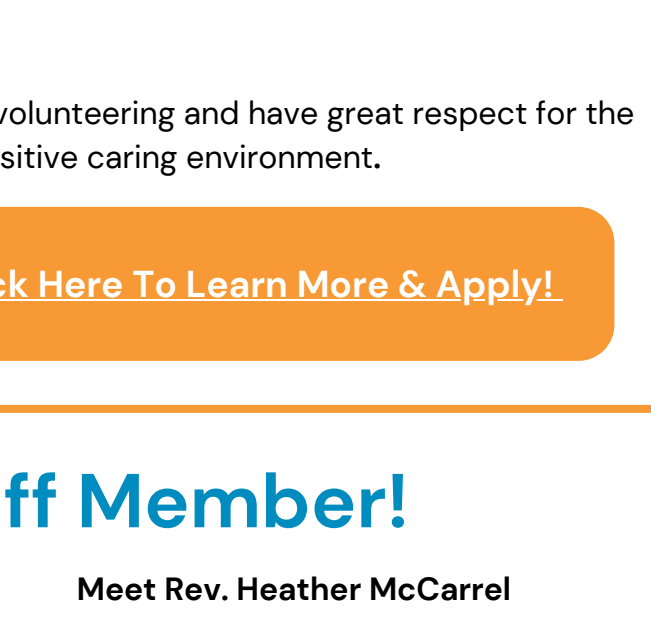
### Meet Margo Smart (Pictured to the right in black)

I have volunteered at Grey Bruce Hospice for 8 years. When I retired, I looked for an organization that I felt was addressing an important community need. My mother had just passed away in a retirement home, and I was questioning if the care she had received during her final few weeks of life could have been better.

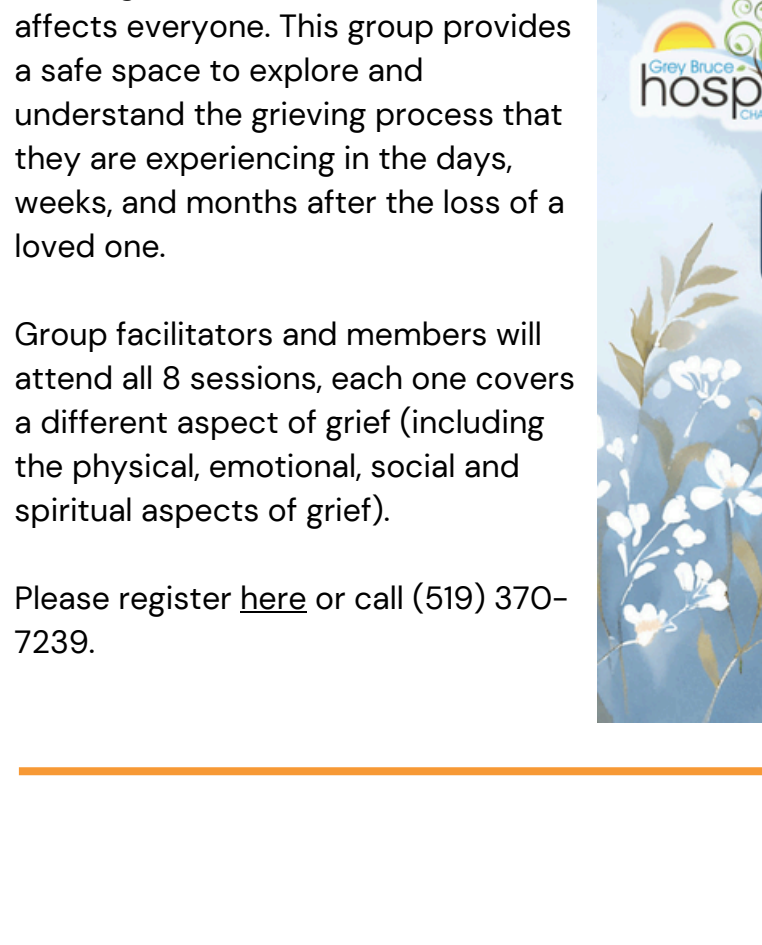
Immediately upon walking in the doors of the hospice, I sensed a caring, home-like atmosphere that was as much joyful as it was sad. During my years of volunteering, I have witnessed hundreds of situations between volunteers, staff, families and residents that make me proud to be associated with Chapman House. I have the privilege while volunteering to welcome residents and their loved ones into the hospice and to often visit with families as they go through their journey with their love one.

I have developed new acquaintances and friends while volunteering and have great respect for the dedication of the staff and volunteers who provide a positive caring environment.

**Interested In Becoming A Volunteer? Click Here To Learn More & Apply!**



## Meet a GBH Staff Member!



### Meet Rev. Heather McCarrel

It was January 1st, 2023 when I arrived to the role of Spiritual Care Provider at Chapman House. In this role I accompany the residents and their family members during the dying and grieving processes. I facilitate Grief Groups, post Grief Group programs such as the Guided Grief Journal group that is running this summer, the evening Grief Drop-In Group, the Chapman House Book Clubs and a newly formed support group titled: Now What?! Join The Conversation. This group supports those experiencing anticipatory Grief due to a terminal diagnosis.

There is a misconception that Spiritual Care is about religion. The truth is my role is more about assisting people to find meaning, reconciliation, and a sense of belonging/community in end-of-life care. What I value most about working at Chapman House is being part of an empathetic group of people, both staff and volunteers, who work together to create a safe place in this world.

If you see me at Chapman House, please say hello!

Heather McCarrel (Rev.), BA, MDiv

## Grief Group

Grieving is a normal process that affects everyone. This group provides a safe space to explore and understand the grieving process that they are experiencing in the days, weeks, and months after the loss of a loved one.

Group facilitators and members will attend all 8 sessions, each one covers a different aspect of grief (including the physical, emotional, social and spiritual aspects of grief).

Please register [here](#) or call (519) 370-7239.

**Grief Group**

An 8 week group session hosted by Grey Bruce Hospice – Chapman House  
Free of cost and all are welcome  
To inquire, please register online at [www.GreyBruceHospice.com](http://www.GreyBruceHospice.com) or call  
**(519) 370-7239**



GREY BRUCE HOSPICE

# ANNUAL GENERAL MEETING

PLEASE JOIN US

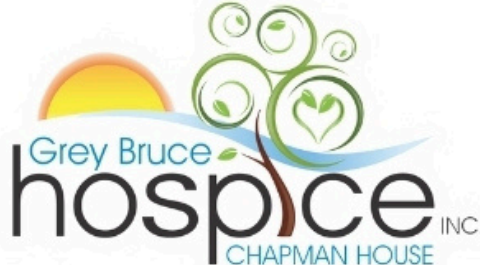


Wednesday,  
July 23<sup>rd</sup>, 2025



5:00pm

To attend, please register online  
[www.GreyBruceHospice.com/AGM](http://www.GreyBruceHospice.com/AGM)



1725 10th St. E., Owen Sound, ON N4K 0G5 | 519-370-7239 | [Info@GreyBruceHospice.com](mailto:Info@GreyBruceHospice.com)  
Charitable Registration Number: 831877105RR0001

## You're Invited!

Join us for the **Grey Bruce Hospice Annual General Meeting (AGM)** on Wednesday, July 23<sup>rd</sup> at 5:00 PM at Chapman House

This is your chance to hear updates from the past year, celebrate what we've accomplished together, and get a look at what's ahead for compassionate, end-of-life care in our community

RSVP now to reserve your spot and submit any questions you'd like answered during the meeting: <https://www.greybrucehospice.com/agm/>

We can't wait to connect with our amazing supporters, volunteers, and community champions — see you there!



Will Power is a national public education campaign designed to inspire Canadians to think differently about charitable giving, and empower them to create positive change through their Wills. Have you considered including Grey Bruce Hospice in your Will? You can discover your Will's potential by taking a quick quiz on [our Will Power site](#). Challenge your friends and family to take the quiz and uncover the hidden potential within their Wills. Your legacy has the power to change lives.



## Plan for Your Future with Advanced Care Planning

Advanced care planning is an important process that encourages you to reflect on your wishes, beliefs, and values regarding health and personal care. It also involves considering who you would like to make decisions on your behalf if you ever become unable to consent to your own care.

At Chapman House, we invite you to stop by and pick up one of our free advanced care planning workbooks, available in our front lobby at any time. We believe it's never too early to start planning for your future, and

these resources can help guide you through this essential process. To learn more about advanced care planning, visit [advancecareplanningontario.ca](http://advancecareplanningontario.ca). Take the proactive step today for peace of mind tomorrow!

## Have an event you'd like us to speak at?

If you belong to a club, social group, or church and would like a representative from Grey Bruce Hospice to speak about \ Chapman House, we would love to hear from you! Please reach out to Amy McConachie at [amcconachie@greybrucehospice.com](mailto:amcconachie@greybrucehospice.com). Together, we can educate and share the invaluable services that Chapman House provides to our community.

**Pictured to the right:** Jamilyn Johnston (GBH Communications Coordinator) with GBH Volunteers Betty and Karen tending a booth at the Grey Highlands Age-Friendly Seniors Health Fair to provide information and resources about Grey Bruce Hospice and Grey Bruce Hospice Foundation.



## Follow Us On Social Media!



Stay up-to-date in real time to hear all about events, special moments, and exciting new things happening at Grey Bruce Hospice.

