



We're encouraging your school to get involved this year, as your students are a vital part of our community.

We have included resources for you below, as well as resources to share with parents and guardians. There are also many virtual ways to engage with our Hike for Hospice throughout the month of May. You can also hike or move in your own way – scheduled on your own time and at your own pace – any time in May! As you are doing it, please consider taking some photos or video and share them with us on social media. You can also email content to [jrideout@greybrucehospice.com](mailto:jrideout@greybrucehospice.com) and we will share your pictures on our social media!

## Information for Parents, Guardians, and Educators

Hospice palliative care is all about living well with terminal or life threatening illness. Sometimes, the idea of a loved one going to hospice can be scary, especially if you haven't had an experience with death before. Storytelling can often help children and youth relate to their own experiences.

### Children and Youth Book Recommendations

The Invisible String by Patrice Karst  
 I'll Always Love You by Hans Wilhelm  
 Love You to the Stars and Back by Jacqueline Haller  
 Tear Soup by Pat Schwiebery

### Website Recommendations

[ChildrenandYouthGriefNetwork.com](http://ChildrenandYouthGriefNetwork.com)  
[KidsGrief.ca](http://KidsGrief.ca)  
[Rainbows.ca](http://Rainbows.ca)



Chapman House tours are also always available to community members. You can visit in person and/or explore the virtual tour on our website. Allowing your children to become comfortable with the space will encourage conversations that are vital. We are always here to help and provide resources.

**Chapman House thanks you for all your support!**



# Grey & Bruce Hike for Hospice

**We're challenging you to Hike for Hospice!**

Hike for Hospice is coming this May and we'd love for your school to get involved! Check out the various way to engage below!

### Classroom Teams

Register your class or teams and collect pledges!

Plan your physical activity. You can choose one or more days, a dedicated gym class, or a school / group hike.

Take photos and share with us! We would love to share how you are Hiking for Hospice.

### Colouring Page

Inside this package we have provided a colouring page of our wonderful Hospice Helper Sunny the dog! Feel free to decorate and send us your artwork by April 30th!

We will decorate our Hospice walls with all your beautiful art throughout the month of May!

### Create your own challenge!

Make up your own challenge! For example;

Educator challenges

Most steps in a month

School to school challenge

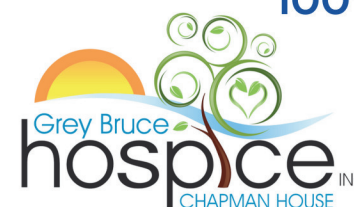
Walking around the world challenge.

Get creative!



Remember to keep us in the loop about what you're planning. We would love to share your pictures or promote your activities!

**100% of all funds raised stay in our community!**



For more information contact:  
 Amy McConachie – Donor Relations Coordinator  
 Email: [amcconachie@greybrucehospice.com](mailto:amcconachie@greybrucehospice.com)  
 Phone: (519) 370-7239

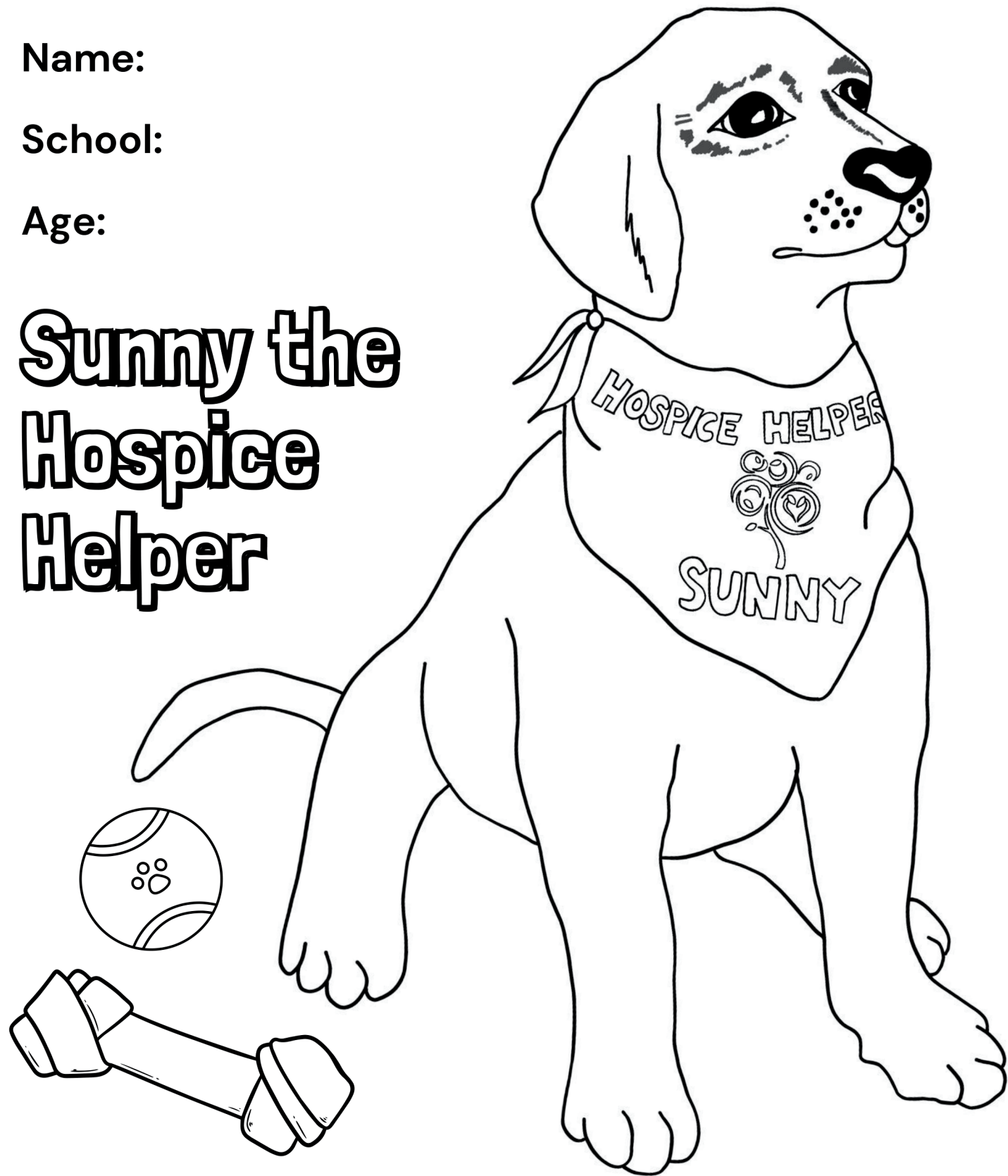


Name:

School:

Age:

# Sunny the Hospice Helper



Thank you to **PSW Kelly** for drawing Sunny the Hospice Helper for us! Sunny is a special dog who loves to visit our hospice from time to time! Mail your artwork to us at the address below. You can also drop them off at Chapman House or call 519-370-7239 to arrange a class pick up!

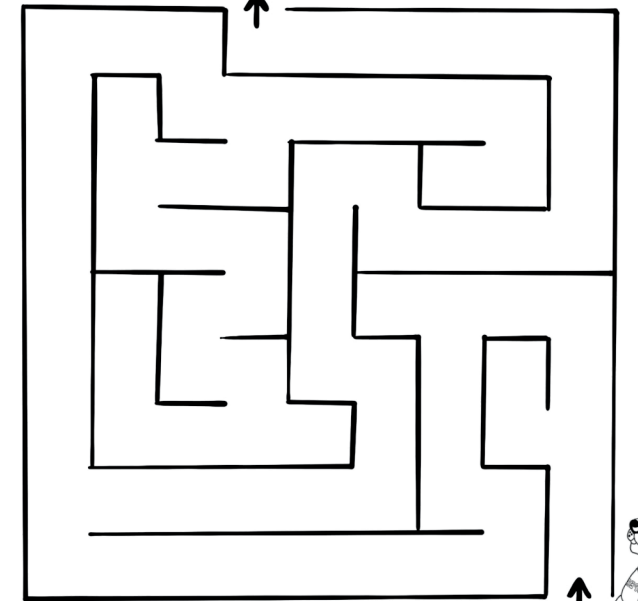
Address: Chapman House, 1725 10th Street East, Owen Sound N4K 0G5

# Hike for Hospice Word Search

O	O	L	S	N	A	M	P	A	H	C	N	N	N
G	L	C	A	Y	H	Y	C	E	E	S	A	U	H
R	A	Y	E	N	U	R	K	L	A	W	L	R	U
E	H	B	C	M	C	M	A	K	L	A	A	E	M
Y	R	R	I	K	P	A	D	D	L	E	E	I	E
C	U	U	P	N	S	R	K	N	L	C	P	M	C
K	L	C	S	K	U	A	I	R	U	O	A	K	M
S	O	E	O	O	N	Y	D	S	L	M	E	M	I
P	G	H	H	P	N	E	R	L	C	M	Y	L	U
B	S	I	P	L	Y	P	P	I	M	U	T	C	E
D	A	K	M	A	N	H	I	N	P	N	R	A	S
Y	O	E	I	Y	N	I	H	I	K	I	A	E	K
K	C	H	A	M	A	D	E	C	N	T	E	C	S
P	P	M	A	Y	Y	S	I	Y	D	Y	Y	P	W

- Bruce
- Chapmans
- Grey
- Hike
- Hospice
- May
- Paddle
- Play
- Run
- Sunny
- Walk

Bonus Word:  
Community



## Help Sunny get to the Hike!

